#### **Mission Statement**

The mission of Seekonk Human Services is to ensure the well-being of Seekonk's older population and residents of any age who are in need of social services due to economic hardship, health issues, family circumstances, or personal loss. We recognize the innate worth of every person in our community and strive to respect their dignity regardless of status.

We seek to maintain and enhance the quality of life of our elder citizens by providing opportunities for social interaction, physical activity, intellectual stimulation, community service, and health clinics.

We help clients of all ages who need assistance with food, clothing, housing, health care, transportation, legal or tax services directly or by introducing them to a network of federal, state, and local support services.

We try to offer effective, quality services that respond to community needs, promote continuous improvement of staff skills and performance, encourage an environment of trust and honesty, and provide services that are accessible, fair, and equitable.

#### **GATRA**

#### DIAL-A-RIDE Service 1.800-3483.2500 508.823.8828

#### What is Dial-A-Ride?

Dial-A-Ride is curb-to-curb transportation serving customers 60 years of age and older or those who meet the requirements of the Americans with Disabilities Act of 1990 (ADA).

#### Who is Eligible?

- Persons 60 years of age or older
- Persons who are not 60 years of age but have a disability and are ADA eligible.

#### Making a Reservations

- Make your reservation Monday through Friday from 8:30am to 4:30pm. If you are a non-ADA eligible customer, we request that you call before noon at least one day prior to your appointment date.
- You may reserve rides 14 days in advance
- ADA-eligible customers who need to make reservations and cancellations for the following Monday can leave a message with our answering service on Saturday or Sunday.

#### **Social Services**

- Administers Emergency Fund Program
- Administers Salvation Army
- Case Management
- Christmas is for Kids
- Food Pantry Referrals
- Food Stamp Applications
- Fuel Assistance
- Good Neighbor Program
- Health Care Information
- Health Clinics
- Holiday Baskets (Thanksgiving & Christmas)
- Holiday Meals (Thanksgiving & Christmas)
- Home Visits
- Income Tax Preparation
- Information & Referrals
- Legal Referrals
- Meals on Wheels Referrals
- Medical Equipment Loan
- Medicare D Enrollment
- Mental Health Information
- Photo ID (GATRA)
- Prescription Advantage Applications
- SHINE (Serving Health Insurance Needs of Everyone)
- Tax Exemption Assistance

#### **ACTIVITIES**

- Advanced Yoga
- Art Class
- BINGO
- Blood Pressure Clinic
- Chair yoga
- Cribbage
- Educational Programs
- Hi-Lo Jack (Pitch)
- Knitting Club
- Mahjong
- Men's Breakfast
- Nutritional Lunches
- Sign Language
- Silver Sneakers
- Tai-Chi
- TRIAD
- Trips
- Wii Fitness
- Women's Brunch
- Zumba



## Local Assistance Information

#### **Doorways Food Pantry\***

North School 2 North Street Seekonk, MA 02771

Saturdays 8am – 10am
\*Referrals must be made with
Seekonk Human Services

### **Department of Transitional Assistance**

21 Spring Street Taunton, MA 02780 508-884-5300

#### **Citizens for Citizens Fuel Assistance**

250 Griffin Street Fall River, MA 02724 508-679-0041

# Seekonk Human Services



540 Arcade Avenue Seekonk, MA 02771 (508) 336-8772 (508) 336-2239 FAX